

## **NEWS RELEASE**

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## VA research shows vaccines more than 95% effective in preventing infection in high-risk population

Researchers from VA Pittsburgh Healthcare System found that two of the most used coronavirus vaccines, Pfizer and Moderna, are more than 95% effective in preventing confirmed infection.

<u>The study was published in the Annals of Internal Medicine.</u> Variants of the virus, such as the Delta variant, were not specifically addressed, nor was the Johnson & Johnson vaccine.

"Because veterans are at particularly high risk given their older age and greater burden of comorbidities compared with the general population, these findings should be reassuring," said Dr. Adeel Butt, primary investigator.

Butt and other researchers looked at the health records of more than 54,000 veterans who had coronavirus testing by VA between **December 2020 and March 2021** to evaluate the short-term effectiveness of vaccines in preventing infection. Veterans were tested for the virus at least seven days after their second shot.

A large sampling of those who tested positive for infection and those who tested negative in groups that were either vaccinated or unvaccinated showed the Pfizer vaccine was 96.2% effective. The Moderna vaccine was somewhat higher at 98.2%.

The study showed that "vaccine effectiveness was numerically similar (though statistically significantly higher) among persons aged 70 years or older compared with those younger than 70 years..."

Effectiveness, he said, was also similar between Blacks and whites, men and women, and those with and without more risk factors.

"These findings clearly show the effectiveness of the current vaccines in preventing infection," Butt said.

The study did not assess vaccine effectiveness in preventing severe disease and death.

Data for the study came from VA's COVID-19 Shared Data Resource with administrative support from the Veterans Health Foundation.

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## **About VA Pittsburgh Healthcare System**

VA Pittsburgh Healthcare System (VAPHS) is one of the largest and most progressive VA health care systems in the nation. More than 4,000 employees serve nearly 80,000 veterans every year, providing a range of services from complex transplant medicine to routine primary care. VAPHS is a leader in virtual care delivery through telehealth technology; a center of research and learning with 118 research investigators and \$13.2 million in funding; and a provider of state-of-the-art health care training to some 1,500 student trainees annually. VAPHS provides care at medical centers in Oakland and O'Hara Township in Pennsylvania and five outpatient clinics in Belmont County, Ohio, and Beaver, Fayette, Washington and Westmoreland counties in Pennsylvania. Veterans can call 412-360-6162 to check eligibility or enrollment. Stay up to date at pittsburgh.va.gov and facebook.com/vaphs